

# TIMELESS.

LASER & BODY CLINIC

After your Laser Treatments for Pigmented Lesions on face or body.  
(Brown Spots, Age Spots, Cherry Angiomas, DPN, Lentigines, Dyschromia, sun damage, poikiloderma)

\*\* Darkening or change of hue in the color of the pigment is a common/desired endpoint. Localized erythema may appear up to 15 minutes or longer post treatment and should resolve within 24-48 hours. \*\*

- Cold compresses or chilled gel packs may be applied post treatment
- If a blister develops, treat as a wound
- Avoid sun exposure, and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage
- Bruising, redness, and swelling are common and resolve with time
- Treated pigment will turn darker (brown to black) within 24-48 hours
- Do not pick at treated areas
- Treated pigment will exfoliate off the face in approximately 1 week
- Treated pigment will exfoliate off the body in approximately 2-3 weeks
- Avoid heat (hot tubs, saunas, etc.) for 1-2 days
- Avoid skin irritants (products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.) a few days post treatment.

Re-treatment is not recommended prior to 4-6 weeks.

If you have any concerns or questions, please contact us at 778-657-6900 or email [info@timelesslaserclinic.ca](mailto:info@timelesslaserclinic.ca)